

YOU AND ME



Music: Milow - Amazon download
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Level: Basic
Time: 3:17
 Clog Convention 2011

Sequence: A C A B C A A B C D BREAK A A B C C
 wait 16 beats

Part A (32 beats)

2 Basic DS RS
 L-R L RL
 &1 &2

4 Toe-Heel T H
 L-R-L-R L L
 & 1

2 Basic DS RS
 L-R L RL
 &1 &2

Triple DS DS DS RS
 L R L RL
 &1 &2 &3 &4

REPEAT all with opposite footwork

Part B (32 beats)

Push Off DS RS RS RS **move L**
 L RL RL RL
 &1 &2 &3 &4

Push Turn DS RS RS RS **turn 1/2 R**
 R LR LR LR
 &1 &2 &3 &4

Push Forward DS RS RS RS **move diagonal L fwd**
 L RL RL RL
 &1 &2 &3 &4

Push Back DS RS RS RS **move bw**
 R LR LR LR
 &1 &2 &3 &4

REPEAT all above

Part C (16 beats)

Triple DS DS DS RS
 L R L RL
 &1 &2 &3 &4

4 Toe-Heel T H
 R-L-R-L R R
 & 1

REPEAT all above with opposite footwork

Part D (32 beats)

8 Triple DS DS DS RS **turn L in a box**
 L-R L R L RL
 &1 &2 &3 &4

Break (4 beats)

4 Step S
 L-R-L-R L
 1